

Prevention of chronic diseases comes in many forms; lab screenings are certainly part of the strategy to identify disease as early as possible. The earlier the detection, the earlier the treatment and the better the outcome. These tests are for patient information only and should not be used in lieu of a regular physical exam with a primary healthcare provider.



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Compassionate, Accessible Care

# Discount Tuesdays in the CRMC Lab









## **Discount Tuesdays**

#### No Appointment Necessary

7:30 am - 5:00 pm

# **Tests Offered**

**Basic Metabolic Panel** \$20 Kidney function, mineral levels (potassium, sodium, chloride) and glucose.

#### **Body Comp Analysis**

Measures percentage of lean body mass, fat mass and bone content. Wear comfortable clothing. Must be 18 years of age. Weight limit of 300 pounds.

### Complete Blood Count

Indicates the counts of white blood cells, red blood cells and platelets, the concentration o hemoglobin, and the hematocrit.

Comprehensive Metabolic Panel \$30 Liver function levels, kidney function, mineral levels (potassium, sodium, chloride) and alucose

Ferritin	\$25
Measures iron stores	

#### Free T4

\$25 A thyroid hormone used to detect thyroid disease, screen for hypothyroidism, and monitor thyroid treatments.

# General Health Screen\*

Includes screening for diabetes, liver function, lipid panel and kidnev function.

Glucose Used to monitor blood sugar level.	\$15	
Hemoalobin A1C	\$20	

Hemoglobin A1C Measures the average blood sugar level over two to three months. Test is typically done to monitor long term care of diabetic patients.

#### Hemogram

Provides a blood cell count which includes the following:

- WBC-white blood cells function as a defense mechanism.
- RBC-red blood cells transport oxygen.
- HGB-hemoglobin's primary function is the delivery and release of oxygen.
- HCT-hematocrit is the percent of red blood cells in whole blood.
- · MCH, MCHC, MCV-red blood cell indices. A calculated number to indicate concentration of hemoglobin and size of red blood cells.
- PLT-platelets are important in the blood clotting process.

RDW-red cell distribution.

## Hepatic Function Panel

Liver function levels which include albumin, total protein, ALT, AST, alkaline phosphatase & bilirubin.

#### HIV

\$35

\$20

\$14

\$15

\$20

\$10

Detects the Human Immunodeficiency Virus infection. 4th generation rapid point-of-care test detects both HIV-1/2 antibodies and free HIV-1 p24 antigen earlier than 2nd & 3rd generation antibodyonly tests.

Iron Panel	\$32
Measures iron, total iron-binding capacity,	and
a a trumptions	

Mea saturation.

#### Lipid Panel

Measures total cholesterol, triglycerides, highdensity lipoprotein, and low-density lipoprotein used by the body for energy.

#### Monospot Test

Used to detect infectious mononucleosis caused by the Epstein-Barr virus.

Potassium	\$12
Measures potassium levels.	

#### **Pregnancy Test**

Confirms pregnancy by detecting human chorionic gonadotropin.

#### Protime/INR

\$18

Used to diagnose a bleeding disorder, excessive clotting disorder, and monitor blood-thinning medication.

#### PSA

\$28

(Prostate Specific Antigen) A screening tool that detects prostate abnormality. Recommended for men over 50 years of age or men 40 years and over with a history of cancer.

#### Thyroid Panel

\$50

Measures thyroid hormones in the blood (TSH, Free T4, and Free T3).

### TSH

\$28

(Thyroid Stimulating Antigen) A measurement of the human thyroid stimulating hormone. used as an aid in the assessment of thyroid status.

#### Uric Acid

\$16

Measures uric acid, which at high levels can be a sign of gout.

## Vitamin D

\$40

Used to determine Vitamin D deficiencies.

\* Do not eat or drink anything except water for 8-10 hours prior to blood draw. Diabetics should NOT fast and should follow normal therapy. Continue medications as prescribed.

# **Getting Your Results**

When your lab results are ready, they will be published to your patient portal. accessible through our website. Results can also be mailed upon request.

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\$20

\$20

\$40