



There are many opportunities to take advantage of **discounted lab testing February 6-10, 13-18, 20-25.** Your results will be ready for pick-up at our annual health fair when you'll also have an opportunity to **review your results with one of our providers.** Perhaps it's time to have a general health screening, or maybe you have a history or risk factors that might prompt a more specific test.

*These tests are for patient information only and should not be used in lieu of a regular physical exam with a primary healthcare provider.*



CASTLE ROCK  
MEDICAL CENTER

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Compassionate, Accessible Care

Castle Rock  
Medical Center  
**HEALTH  
FAIR**

2023

We Look Forward to Seeing You Again!



CASTLE ROCK  
MEDICAL CENTER

# 1 Get Tested or Screened

## Testing Dates

### By Appointment:

**Fridays, February 17 & 24**  
6:30 - 7:45 am

**Saturdays, February 18 & 25**  
6:30 - 9:00 am

**Call 307-872-4590 to schedule.**

### Walk-in:

**February 6-10, 13-17, 20-24**  
8:00 am - 5:00 pm

## Tests Offered

**General Health Screen\*** \$40  
Includes screening for diabetes, liver function, lipid panel, kidney function, mineral levels and iron.

**TSH** \$28  
(Thyroid Stimulating Antigen)  
A measurement of the human thyroid stimulating hormone, used as an aid in the assessment of thyroid status.

**Vitamin D** \$40  
Used to determine Vitamin D deficiencies.

**PSA** \$28  
(Prostate Specific Antigen)  
A screening tool that detects prostate abnormality. Recommended for men over 50 years of age or men 40 years and over with a history of cancer.

**Testosterone** \$30  
Measures the level of testosterone hormone in both men and women. For the most accurate results, it is advised you have this lab drawn within three hours of awakening.

**Progesterone** \$20  
Progesterone is the dominant ovarian hormone secreted during the luteal (second) phase of the menstrual cycle. Progesterone is also useful in treating common menopausal symptoms.

**Hemoglobin A1C** \$20  
Measures the average blood sugar level over two to three months. Test is typically done to monitor long term care of diabetic patients.

**Hemogram** \$10  
Provides a blood cell count which includes the following:

- WBC-white blood cells function as a defense mechanism.
- RBC-red blood cells transport oxygen.
- HGB-hemoglobin's primary function is the delivery and release of oxygen.
- HCT-hematocrit is the percent of red blood cells in whole blood.
- MCH, MCHC, MCV-red blood cell indices. A calculated number to indicate concentration of hemoglobin and size of red blood cells.
- PLT-platelets are important in the blood clotting process.
- RDW-red cell distribution.

**Estradiol** \$16  
Estradiol has several functions in the female body. Its main function is to mature and maintain the reproductive system.

**Blood Typing** \$15  
Blood typing is used to determine an individual's blood group, and whether Rh positive or Rh negative.

**Bone Mineral Density** \$75  
A measurement of hip and spine to assess bone health. Each scan takes approximately 20 minutes. Wear comfortable clothes without buttons or zippers. Weight limit of 350 pounds.

**Body Comp Analysis** \$20  
Measures percentage of lean body mass, fat mass and bone content. Wear comfortable clothing. Must be 18 years of age. Weight limit of 350 pounds.

*\* Do not eat or drink anything except water for 8-10 hours prior to blood draw. Diabetics should NOT fast and should follow normal therapy. Continue medications as prescribed.*

# 2 Attend the Health Fair

**Saturday, March 4**

9:00 am – 12:00 pm

Along with picking up your results at the health fair, you will have the opportunity to review them with a provider, get your blood pressure checked and visit informative wellness and community outreach booths.